



# GCPS WELLBEING INCENTIVE OPTIONS for NEW MEMBERS hired for 7/01/2023



to **CONTINUE Incentive FOR FY 23-24**  
(deadline to complete is 60 days from Rebecca's email)

## MEDICAL OPTION:

- 1) Set up Sharecare Account and **complete the Real Age Test** w/in your CareFirst Portal at [www.carefirst.com](http://www.carefirst.com) using your member ID # on your CareFirst card.

(By completing this option now you are meeting medical option to continue receiving the incentive for the remainder of FY 23-24 but also completed the 1st of the 2 steps needed to meet the Medical Incentive for FY 24-25)

OR

## NON- MEDICAL OPTION:

- 1) Request and complete the Sleep Slumber (information and Q&A form) from Rebecca.

Have to email Rebecca to request

(By completing this option now you are meeting the non-medical option to continue receiving the incentive for the remainder of FY 24-25)